UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Responses) 1. Name and Address of Reporting Person * V F CORP				2. Issuer Name and Ticker or Trading Symbol Kontoor Brands, Inc. [KTB]					5.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
105 CORI	(Last) (First) (Middle) 105 CORPORATE CENTER BOULEVARD				3. Date of Earliest Transaction (Month/Day/Year) 05/10/2019						Officer (give title below) X Other (specify below) Director by Deputization						
(Street) GREENSBORO, NC 27408			4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu					quire	ired, Disposed of, or Beneficially Owned							
1.Title of Security 2. Transa Date (Month/I		saction /Day/Year)	any	on Date, if	(Instr. 8)		4. Securities Acquired (or Disposed of (D) (Instr. 3, 4 and 5)		Benefic Reporte		ount of Securities cially Owned Following red Transaction(s)		6. Ownership Form:	Beneficial			
					(Month/I	Day/Year)	Code	V	Amour	(A or		Price	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		05/10	/2019			A(1)	V	56,647,4	461 A	\$	\$ 0	56,647	,561		D	
Reminder: R	Report on a s	eparate line	for each	class of sec	eurities be	eneficially	owned di	Pe	rsons wh	o respo				ction of inf	formation		1474 (9-02
	Report on a s	eparate line	for each		- Derivat	tive Securi	ities Acq	Pe co the	ersons who ontained in e form dis	no respo n this fo splays a of, or Be	rm a curi	are n rrentl cially	not requ ly valid	ired to res		ess	1474 (9-02)
1. Title of 2 Derivative (Security (Instr. 3)	2.	3. Transact Date (Month/Day	ion	Table II 3A. Deemee Execution I	- Derivat (e.g., pu d 4 Date, if 7	tive Securiuts, calls, v 4. Transactior Code	ities Acq varrants	Pecco the control of	ersons whentained in tained in e form dis	no responding the splays a soft, or Be tible second cisable on Date	rm a current for the current f	cially (les) 7. Title Amound Juderl Security Instr.	Owned e and nt of lying	OMB conf	spond unle	of 10. Owner: Form of Securit Direct or India	11. Nat of Indir f Benefit Owners (r: D)

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
V F CORP 105 CORPORATE CENTER BOULEVARD GREENSBORO, NC 27408		X		Director by Deputization	

Signatures

/s/ Mark R. Townsend	05/14/2019
**Signature of Reporting Person	Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Kontoor Brands, Inc. ("Kontoor Brands") authorized a stock dividend payable to the Reporting Person, the sole shareholder of Kontoor Brands, with a distribution date of

 (1) May 10, 2019, of 566,474.61 shares of Kontoor Brands common stock ("Kontoor Brands Common Stock"), for each share of Kontoor Brands Common Stock outstanding as of such date. Accordingly, on May 10, 2019, the Reporting Person received a dividend of 56,647,461 shares of Kontoor Brands Common Stock. This transaction is exempt from liability under Rule 16b-3(d), Rule 16a-10 (based on the applicability of Rule 16a-9) and Rule 16b-7.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.